FORESIGHT

Dr. Gary A. Nelles



Optometrist

Preventative Care



Many people believe that if they can see clearly then they do not need an eye examination. An annual eye examination with an optometrist determines much more than just your prescription for glasses. It also includes: a thorough case history (of you and your family to identify risk factors for eye diseases), color vision, depth perception, visual acuity (the smallest size of print you can see), an eye health evaluation (internal and external) and a treatment plan tailored to your specific visual demands.

Annual eye examinations are intended as preventative care to detect disease as early as possible. Many sight-threatening diseases do not have any noticeable signs or symptoms (ex: glaucoma, macular degeneration, cataracts and diabetes). An optometrist is able to recognize these and other diseases before you are even aware of them.

Early detection and treatment of disease can help prevent further vision loss. When left unattended, many diseases can permanently deprive people of their sight. If you have not had your eyes examined in the past year, let a local optometrist evaluate them today and start being proactive about your eye health annually.

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